## Family Goat Yoga at Westview Orchards & Winery





Saturday Mornings: June 18, July 23
Check-In 10:30AM; Yoga Class 11AM-12PM

Wednesday Evenings: June 29, July 27

Check-In 6:30PM; Yoga Class 7-8PM

\$37 per person (includes glass of Cider and Donut)

Pre-registration with Westview required:

https://westvieworchardsandwinery.ticketspice.com/2022-goat-yoga

Bring the entire family and join UpDog Yoga at Westview Orchards & Winery for a KID-friendly Goat Yoga experience followed by time for photos with the goats. Westview cider and donut are included with your admission. Kids and adults alike will enjoy a beginner-level Family Basic Yoga class in the company of adorable, young goats, who stroll around and interact with the class – children ages 10 and up welcome.

The goats are naturally friendly and curious so they will walk on your mat, jump on your back, and frolic and play amongst the activity. Lighthearted and fun, Goat Yoga in the open air of Westview's outdoor goat pavilion! Goat pavilion is covered but dress for the elements in comfortable yoga/workout clothes and bring your yoga mat or a towel. Please wear attire you don't mind getting a bit dirty as it is an outdoor setting with furry friends who are trained to interact with you in a fun and humorous way.

Please arrive 30 min. early for check-in. Yoga class is one hour, followed by photo opportunities with the goats and Westview cider and donut.



Westview Orchards & Winery is located at 65075 Van Dyke in Washington, MI (corner of 30 Mile Rd. and Old Van Dyke) 586-532-3123

Space is limited. Pre-register online with Westview:

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